Matbah Ottoman Palace Cuisine

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The Ottoman Empire reigned over expansive territories for centuries and co-existed with many nations and cultures. The Ottomans have enriched the Ottoman Cuisine, synthesizing all the cultures they encountered, in order to engender a unique taste of its own, in the course of time. Several cuisines, derived from Central Asia, the Balkans, the Middle East, Mediterranean and Europe, have been the principal contributors to the Ottoman Cuisine. This cuisine proceeded mostly in the kitchens of the Ottoman Palace and therefore, the palace has turned out to be a unique place to grasp its tastes in full. Unfortunately, this magnificent cuisine has lost some of its unique flavors nowadays, since the guild of the palace cooks kept their recipes as professional secrets.

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