Savvy Bariatrics

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Company logo

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Savvy Bariatrics was created out of frustration and despair for clients who had WLS believing it to be the answer to weight management. Something was definitely missing in the process. While their weight changed their thinking didn’t which is over 60% of clients lead to regaining weight and reverting back to old habits and bingeing as well as nutritional deficiencies. We have been the most trusted Health care Nutrition for 25 years. We're proud of our rich history of nutritionist services. Being an Internationally Accredited Clinical Hypnotherapist, Bariatric Hypnotist & Coach, Counsellor, Coach & Mentor for approx. 18 years, allowed me to change my life and take control once and for all. I use a myriad of modalities including hypnosis to change and transform your mindset allowing change to happen easily and effortlessly. With Diploma in Nutrition & Gut Health, we are able to provide a complete service to our clients. Call Now!

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