The Gym

Unit LS4A & LS4B, Quakers Friar, Cabot Circus, Avon
Bristol, BS1 3BU
United Kingdom
0844 384 3174
thegymgroup.com

Company logo

Company logo

We’re not like other gyms. We won’t tie you into a contract. Or charge you a fortune every month. That’s because we believe that fitness should be accessible to everybody – regardless of shape, size, fitness level, background or attitude. So make yourself at home and take a look around.