

Body Aid Solutions

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Company logo

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Body Aid Solutions Ltd offer personal trainer, sports massage and gym instructor qualifications, as well as many others. The high quality of teaching enables you to learn and develop, giving you Active IQ accredited qualifications at the end of the course. Our programs are also endorsed by the Register of Exercise Professionals (REPs). If you are looking for a new career or to further your skill set in a relaxed and enjoyable environment then we are the perfect choice for you.