Treatments by Joanna

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My name is Joanna. I am an EMS (Electro Muscle Stimulation) Instructor, Personal Trainer level 2 and Cryotherapy Specialist. In fact, I own and run the first ever EMS studio in Walton-on-Thames, Surrey. At the beginning of 2021, I realised how the revolutionary Cryotherapy, Lymphatic Massage and Light Therapy Treatments could complement my existing EMS business.