

## Nautical Bowls

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Company logo

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We know it's difficult to find a quick meal without compromising your healthy lifestyle. At Nautical Bowls we combine healthy, fresh açai bowls (acai bowls) and superfood smoothies with an uplifting atmosphere, giving you energy to live a full life! Our açai bowls are natural, healthy, gluten free, dairy free, plant-based, and packed with superfoods with essential vitamins & nutrients to fuel your life! SUPER FOODS | SUPER MEAL | SUPER LIFE Our Bowl Bases are: Acai, Blue Majik, Coconut, Mango, Pitaya, Cacao, and Chia Puddings (Vanilla, Spirulina & Peanut Butter Cacao)