Five Dock Physiotherapy

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Company logo

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Five Dock Physiotherapy & Sports Injury Centre is focused on providing personalised, professional, holistic health care for all of our clients. We’re here to help get out of pain, and get your life and fitness back on track! Our physios are highly qualified university graduates, with expert knowledge and skills in the prevention, diagnosis and treatment of injuries and conditions affecting the body including:

• Neck & Back pain

• Headaches

• Sports Injuries – Sprains & strains

• Shoulder & Knee complaints

• Pregnancy related pain

• Pre & Post-Operation Rehabilitation

We are highly trained in the analysis of movement & posture, and are experts in hands on treatment & exercise prescription. We strive to work with you to achieve your goals.

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