# Highbury Natural Health Centre

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A Professional Naturopath Adelaide may be the best health practitioner to consult with when you are suffering from any form of chronic disease. Are you suffering from headaches or fatigue? Have you been diagnosed with Irritable Bowel Syndrome (IBS), a chronic disease, or an autoimmune disorder or are you simply accepting a substandard level of health as normal? Are you sick and tired of living with your symptoms? Are you searching for answers? Consult an experienced Naturopaths Adelaide from Highbury Natural Health Centre & IBS Clinic and take a step toward a healthier lifestyle.

Naturopathy is the philosophy behind medical science often referred to as Natural Medicine. Naturopathy teaches us to find the underlying cause of the illness and support the patient with the right diet and nutrition while Nature cures their disease. Herbal medicines have a long tradition of restoring health by supporting organ and glandular function and balancing the immune system. Many new nutritional medicines are now available as a result of scientific research and innovative technologies.

At the IBS Clinic we can identify the cause of your symptoms and begin to restore normal function to your digestive system within a few short weeks. While most sources will tell you that food allergy or intolerance play a very small role in this condition our clinical experience shows food reactivity is implicated in 100% of cases.

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