# Lympha Spa & Massage

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Company logo

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Lympha Spa and Massage by Fiona is your premier destination for advanced lymphatic wellness in Des Moines, Iowa. Founded by Fiona Roberts, a specialist with over 14 years of experience in massage therapy, our boutique spa focuses on lymphatic drainage, lymphedema, lipedema, post-surgery recovery, and overall wellness. At Lympha Spa and Massage, we prioritize a holistic approach, offering personalized care in a luxurious, elegant setting that promotes relaxation and healing.