Live Fit Gym

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Company logo

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Live Fit Gym opened its doors to the diverse community of the Castro to provide luxury fitness & ultimate wellness—an experience towards total transformation.

When you venture by the iconic outside, you are greeted by stunning black, white, & grey art done by famed local artist, Ian Ross. As you enter to be greeted by our friendly staff, you are immersed by a vibe like no other: this is a moment you know something special is about to happen.

Unlimited classes taught by experts, certified personal trainers, chiropractors, acupuncture, advanced technology & body scanners, Registered Dietitian, weights, squat racks, showers, a dedicated stretch room, luxury locker rooms—and more.

We believe in the power of transformation. And it’s here, that after your moment inside our Castro location, you are empowered to live fit & live well.

Our Castro Gym Fitness & Wellness Services:

- Classes
- Personal Training
- Acupuncture

- Chiropractor
- Work Lounge
- Full Service Locker Room
- Showers
- Towel Service
- Grab N’ Go Cafe
- 2 Studio Spaces
- Weights
- Squat Racks
- Cardio Machines
- TRX
- Medicine Balls
- On-Site Parking
- Wifi
- Work/Study Stations
- FIT3D Scan