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Physiothenix Physiotherapy & Chiropractic is your trusted clinic in York, ON, specializing in physiotherapy, chiropractic care, sports rehabilitation, acupuncture, and post-surgical recovery. Our expert team is dedicated to helping you relieve pain, restore mobility, and enhance performance through personalized treatment plans. Whether you're recovering from an injury or looking to improve your physical well-being, we provide evidence-based care tailored to your needs. Book an appointment today and take the first step toward better health!