Solution Based Treatment

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Company logo

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Solution Based Treatment is a leading drug and alcohol and addiction treatment center, located in Murrieta, California. Our **Southern California rehab center** provides clients with the tools, strategies, and support systems that sobriety demands. Our team of clinicians, nurses, therapists, and community partners can help you--or someone you love--get back on your feet and on with your life. If quitting on your own hasn't worked, don't waste another day. If you feel like you're out of options, contact SBT today.

Solution Based Treatment
Addiction causes complex changes in brain chemistry that destroy judgment, cognition, relationships, creativity, and self-image. At SBT, we don't offer flavor-of-the-month therapies; the treatment options you'll find at SBT are the ones that work.

Our oversized medical staff allows SBT to offer a comprehensive drug detox program unlike anything you'll find elsewhere. People who attend medical detox programs are more likely to stay in treatment and achieve lasting sobriety, so this is where most people start. Our nurturing, structured environment offers multiple treatment options. In addition to detox, our adults-only addiction treatment center offers the following programs:
-Residential addiction treatment
-Partial hospitalization program
-Intensive outpatient program
-Sober living
Our programs help participants become aware of triggers, monitor internal reactions, and foster more appropriate behavioral choices.
Medical and Mental Health Treatment for Addiction

Chemically dependent people often understand the consequences of
their addictions but lack the network, structure, and stability to abstain from using. Solution Based Treatment & Detox staffs an entire medical and mental health team in our homestyle treatment setting. At SBT, you'll find good food, good people, and good programs. Our expectations are reasonable and based on more than 20 years of experience. We accept **Anthem Blue Cross rehab coverage** and help you verify your benefits quickly so you can focus on recovery. Our large medical team offers a comprehensive, personalized approach to substance abuse and chronic pain treatment. Completing treatment successfully becomes an attainable goal when you're part of an extensive, supportive sober network. If your addiction is standing in the way of your life, we can help. Don't be embarrassed--I guarantee we've seen people in worse shape than you.

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