Isaiah Counseling & Wellness

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Company logo

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Isaiah Counseling & Wellness, one of Charlotte, NC’s premier practices, was founded in 2010 by Shawntal after she left her hospital career. Later joined by her husband, Derwin, the practice has evolved into a thriving group that prides itself on building genuine relationships with people seeking support through some of life’s difficult times. Initially established as Isaiah Counseling and Consulting, the practice of our black couples therapist has now expanded to offer a holistic wellness experience, bringing greater value and care.

We specialize in marriage counseling Charlotte NC, couples therapy Charlotte NC, relationship counseling Charlotte NC, counseling for women, counseling for teens, counseling for depression, counseling for anxiety, counseling for young adults near me, therapy for young adults, marriage counseling for men, couple marriage counselling African American, young adult therapy, black couples counseling Charlotte NC, partner counseling, black therapist Charlotte NC for women, marriage relationship counseling, and LGBTQ Affirmative Therapy. Our holistic healing services aim to improve the body, mind, and soul, integrating counseling, nutrition, massage, and yoga for a balanced lifestyle change.

Our goal is to help you move past fear and struggle into better alignment with the life you long for. Isaiah Counseling & Wellness is committed to deep and lasting change, helping you feel great about your relationships with others and yourself. Be proud of how far you have come; you are stronger than you think!

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