Active Recovery

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Company logo

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Your recovery matters to us at Active Recovery Physiotherapy in Canberra. Based in the Stellar Building, our friendly team offers personalised, evidence-informed physiotherapy and rehabilitation services to help you move forward with confidence.

We take the time to understand your unique circumstances and work alongside you to develop practical treatment plans that support your health goals.

Guided by empathy, respect, and collaboration, we partner with you and your support network to help improve your everyday life.

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