Timber Creek Counseling

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Company logo

Company logo

Counseling near me, therapy near me, counseling for anxiety, therapy for depression, therapist near me, therapist who take insurance

Welcome to Timber Creek Counseling, where we provide professional counseling services to adults, teens, and couples in Ann Arbor, Michigan. Our team of experienced and compassionate counselors is dedicated to helping you navigate life's challenges and find healing and growth. Our team has advanced training in Trauma-Focused CBT, DBT, Gottman, Emotionally Focused Therapy, Perinatal Mood Disorders, and EMDR. Our staff have been featured in top tier press including: National Geographic, Women's Health, Shape, Parents, and Parade. Our approach is collaborative, strengths-based, and tailored to meet your unique needs and goals. We believe in creating a safe and supportive environment.

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