

A Pinch of Prevention

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Company logo

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We help you with physical injuries, old and new through physiotherapy, acupuncture and naturopathy. With illnesses, long-standing or newly emerged. Whatever you are experiencing, be it pain, dysfunction or even just a general sense of “not feeling right”. A Pinch of Prevention offer care to residents throughout our service area in Brisbane: including Mount Gravatt, Wishart, Mansfield, Holland Park & Carindale.

Our practitioners are AHPRA-registered physiotherapists, acupuncturists and nutrition-based naturopaths who specialise in treating people holistically.