

Refinery Counseling Services

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Company logo

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Refinery Counseling Services provides evidence-based mental health counseling combined with compassionate, structured care. Our approach focuses on helping clients understand root issues, build practical coping skills, strengthen boundaries, and create sustainable emotional and relational growth. When desired by the client, we thoughtfully integrate Christian faith principles, Scripture, and prayer alongside clinically proven therapeutic methods. Using our R.E.F.I.N.E. framework, we guide clients toward restoration, empowerment, personal development, healthier relationships, and long-term emotional wellness.