

Mind Matters Counselling

550 6th Street #240, BC,
New Westminster, V3L 5K7
Canada
+12368686851
<https://mindmatterscounselling.ca>

Company logo

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Mind Matters Counselling offers professional **ICBC counselling in New Westminster**, providing compassionate, trauma-informed support for accident recovery. If you have an active ICBC claim, you may be eligible for sessions with minimal documentation, helping you manage stress, anxiety, and emotional healing in a safe environment.