Ankle, Foot and Orthotic Centre

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The Ankle, Foot and Orthotic Centre in Northcote delivers comprehensive podiatry and orthotic services focused on improving lower limb function and overall wellbeing. Under the leadership of Geoff Dowling, an experienced podiatrist and orthotist, the clinic provides personalised care for a wide range of foot, ankle and leg conditions. A strong emphasis is placed on accurate diagnosis to ensure effective treatment outcomes.

The clinic uses modern diagnostic technology, including musculoskeletal ultrasound, to identify the underlying cause of pain and dysfunction. Each patient undergoes a detailed assessment before a customised treatment plan is developed to address their specific needs. Treatment options extend well beyond basic podiatry. Services include custom orthotics and footwear, advanced orthotic solutions, extracorporeal shockwave therapy, nail surgery, ultrasound guided injection therapies and footwear modification. These are complemented by general podiatry care such as callous and corn removal, nail care, ingrown toenail treatment, plantar wart management, fracture care and support for foot and ankle injuries. Geoff Dowling holds a Masters of Podiatry, along with additional qualifications in Prosthetics and Orthotics and a Graduate Certificate in Musculoskeletal Ultrasound. This advanced training allows the clinic to manage complex musculoskeletal conditions with a high level of clinical precision. Foot and ankle issues can affect how the entire body moves and feels.

The Ankle, Foot and Orthotic Centre takes a considered and thorough approach to care, helping patients manage conditions such as flat feet, heel pain, Achilles pain, arch pain, forefoot pain and ankle discomfort. The goal is to restore comfort, improve mobility and support long-term lower limb health.

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