Outlive

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Company logo

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Outlive is a youth suicide prevention program led by the Centre for Mental Health and Policy, Indian Law Society, in collaboration with Sangath and Quicksand Design Studio. Outlive engages youth (18-24 years) with lived experience of suicide/self-harm, distress or mental health problems across urban cities to address **youth suicide prevention in India**.
The program aims to empower and enable young people to tackle the stigma related to suicide, provide chat-based emotional support, and work towards systemic change in their specific contexts.
Outlive offers:

- **Outlive Chat** - A confidential, chat-based emotional support service for youth in distress.
- **Youth Action for Suicide Prevention (YASP) Fellowship** - empowering youth leaders in policy and governance for suicide prevention.
- **Public Engagement Campaigns** - enabling youth with suicide prevention resources to tackle stigma.

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