Jersey Family Health

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Company logo

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Jersey Family Health is a physician-led primary care practice in Central New Jersey offering personal, relationship-based medicine through both Direct Primary Care memberships and traditional insurance options. We care for adults and children with comprehensive primary care, preventive visits, chronic disease management, women’s health, mental health support, and more—all with clear, upfront pricing and easy access to your care team. Whether you’re an individual, family, or employer, we help you get dependable, patient-first care without the confusion or stress of the usual healthcare experience