

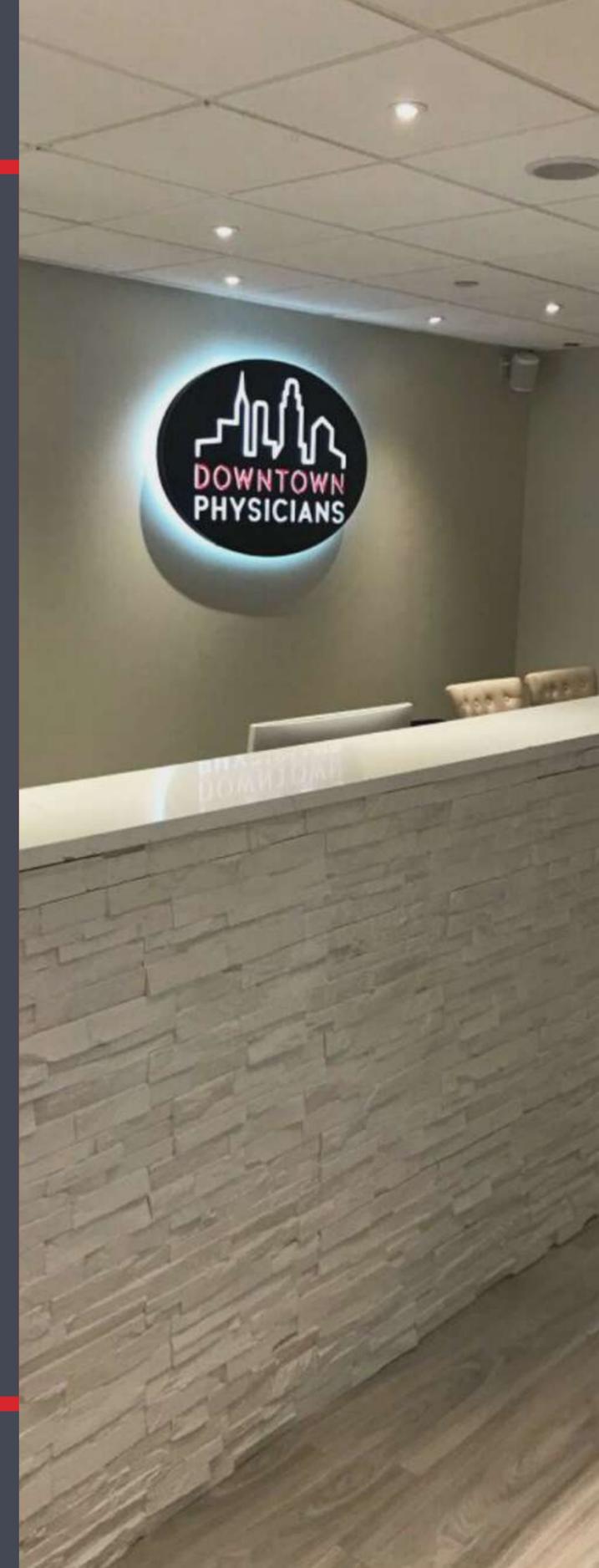


# DOWNTOWN PAIN PHYSICIANS OF BROOKLYN

[downtownpainphysicians.com](http://downtownpainphysicians.com)

# ABOUT DOWNTOWN PAIN PHYSICIANS

Downtown Pain Physicians is a modern, dynamic Spine & Pain Practice with locations in Manhattan and Brooklyn. The essence of our practice is focused on individualized patient care. We are obsessed about empathetic, efficient and convenient patient experience. Our facilities are state-of-the-art with the ability to provide cutting edge treatments. Our pain management physicians are board certified, award winning and highly reviewed experts in their field.





**COMMON PAIN  
CONDITIONS  
TREATED BY OUR 5  
STAR PAIN DOCTORS**

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A person's back is shown from behind, with a glowing yellow and orange spine. The spine is highlighted with a semi-transparent anatomical diagram. A red rectangular frame surrounds the central text area. The background is a dark, muted blue-grey.

# BACK PAIN

CONDITIONS COMMONLY LINKED TO BACK PAIN INCLUDE: MUSCLE OR LIGAMENT STRAIN. REPEATED HEAVY LIFTING OR A SUDDEN AWKWARD MOVEMENT CAN STRAIN BACK MUSCLES AND SPINAL LIGAMENTS. BULGING OR RUPTURED DISKS. DISKS ACT AS CUSHIONS BETWEEN THE BONES (VERTEBRAE) IN YOUR SPINE. ARTHRITIS. SKELETAL IRREGULARITIES. OSTEOPOROSIS.



# NECK

# PAIN

COMMON CONDITIONS CAUSING NECK PAIN ARE DEGENERATIVE DISC DISEASE, NECK STRAIN, OSTEOARTHRITIS, CERVICAL SPONDYLOSIS, SPINAL STENOSIS, POOR POSTURE, NECK INJURY SUCH AS IN WHIPLASH, A HERNIATED DISC, OR A PINCHED NERVE (CERVICAL RADICULOPATHY).

# KNEE PAIN

The largest joints in the body, like the knees, are vulnerable to injury and arthritis. Knee pain may be the result of an injury, such as a ruptured ligament or torn cartilage.



## SHOULDER PAIN

These ball and socket joints move in almost all directions. Shoulders are prone to arthritis, injury and fracture of the joint itself. The shoulder contains muscles, tendons, and ligaments that support the joint, any of which can have problems.

## HIP PAIN

Hip pain is most often caused by tendinitis (which is the inflammation of hip bone tendons), or injury due to trauma or overuse, tight muscles, or spine problems.

## ANKLE PAIN

Injury to any of the ankle bones, ligaments or tendons and several types of arthritis can cause ankle pain.

## HEAD PAIN

Headaches are usually caused by over activity, such as the chemical activity in your brain, your nerves, your blood vessels surrounding your skull, or the muscles of your head; this is called a primary headache. Secondary headaches are a secondary symptom from a host diseases.

## WRIST PAIN

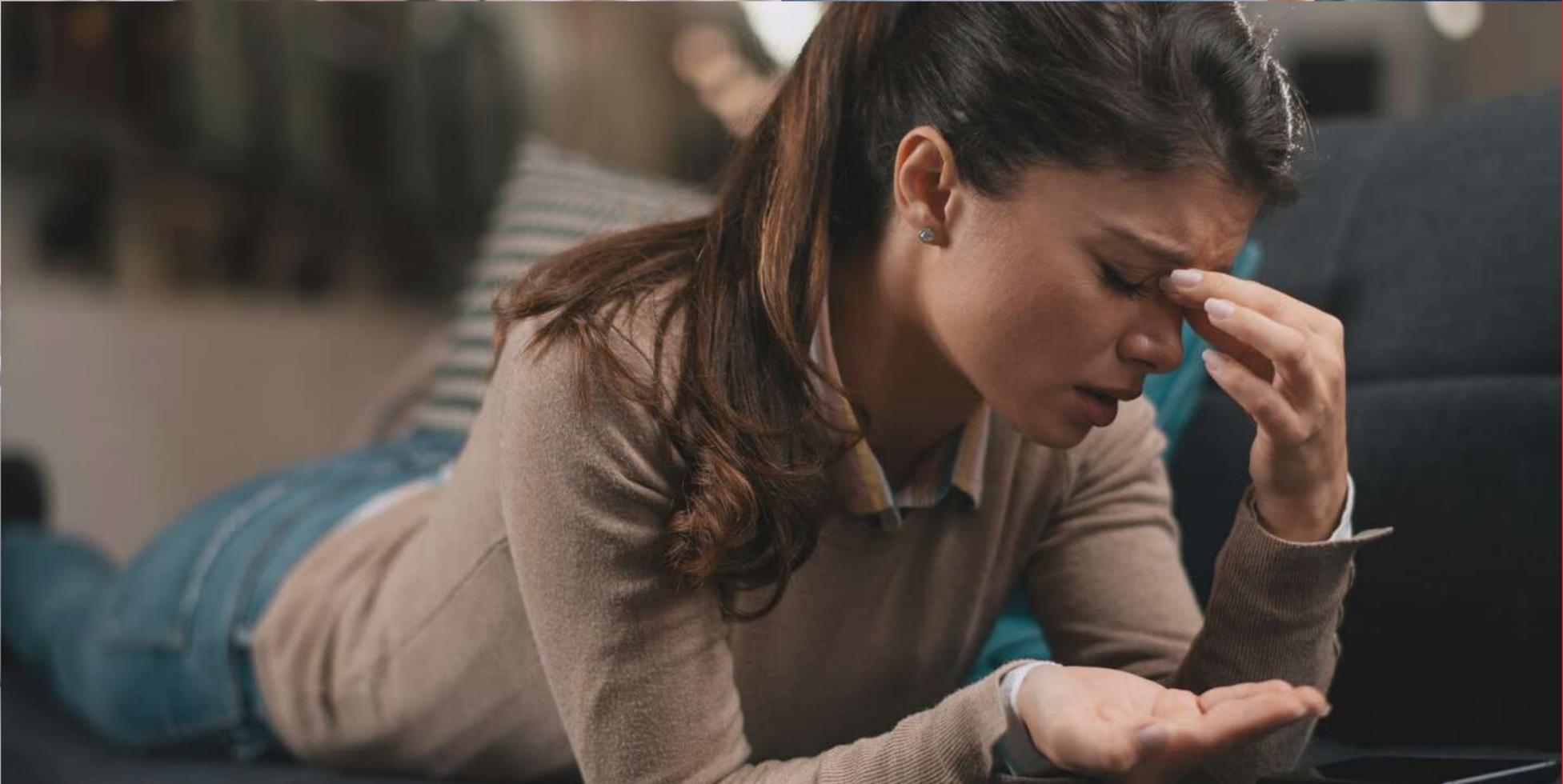
Wrist pain is often caused by sprains or fractures from sudden injuries. But wrist pain can also result from long-term problems, such as repetitive stress, arthritis and carpal tunnel syndrome.

## FOOT PAIN

Foot pain can have many causes from arthritis to injury. Even poorly fitting shoes, prolonged period on feet, overuse such as long walks or running a marathon, sprains, strains, or trauma, can all cause foot pain.

## HAND PAIN

One of the most complex parts of our body is the hand, and people who suffer from hand pain can experience difficulty with many activities. Common hand problems include arthritis, carpal tunnel syndrome, and ganglion cysts, and injury.



A man in a white shirt is balancing a large, heavy rock on his head. The rock is precariously balanced, and the man is looking down at it with a focused expression. The background is a plain, light-colored wall.

# TREATMENTS & PROCEDURES

[DOWNTOWNPAINPHYSICIANS.COM](http://DOWNTOWNPAINPHYSICIANS.COM)

## MINIMALLY INVASIVE PROCEDURE

Endoscopic Discectomy  
Spinal Injections  
Spinal Cord Stimulation



## NERVE BLOCK THERAPY

Facet Injections  
Lumbar Radiofrequency Ablation  
Epidural Injections



## REGENERATIVE INJECTIONS

Holistic Treatments  
Prolotherapy



# CONTACT US

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Brooklyn, NY 11201

(718) 521-2424

<https://www.downtownpainphysicians.com>

## Working Hours:

Monday: 08.00AM - 07.00PM

Tuesday: 08.00AM - 07.00PM

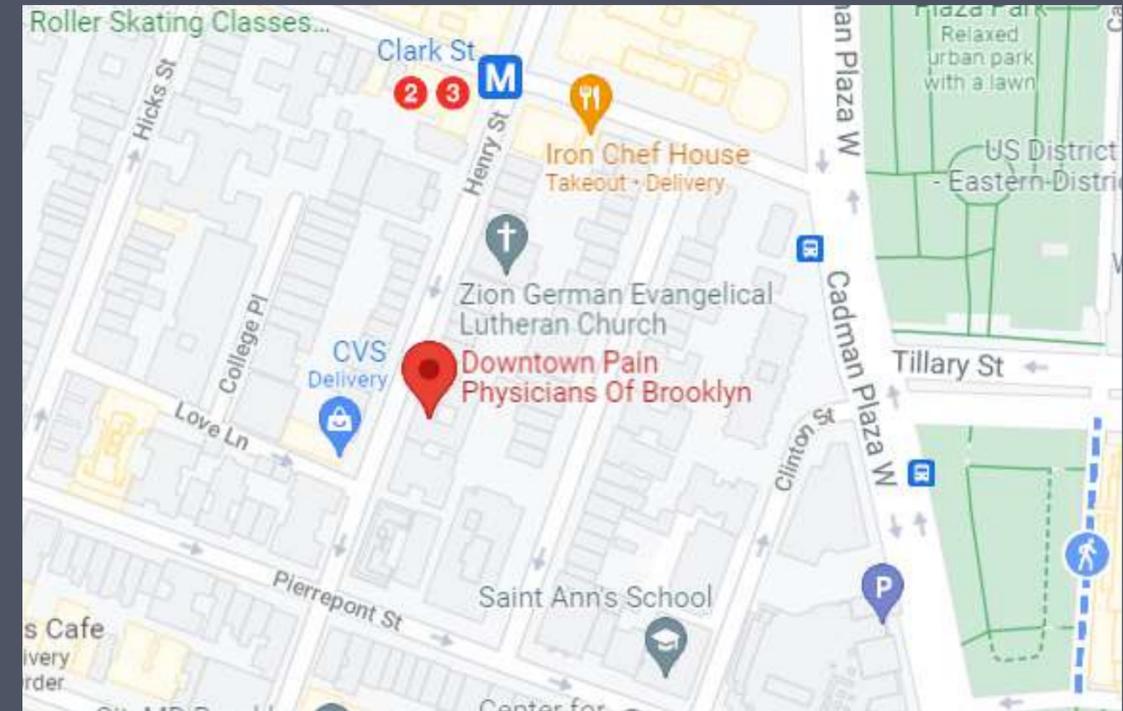
Wednesday: 08.00AM - 07.00PM

Thursday: 08.00AM - 07.00PM

Friday: 08.00AM - 07.00PM

Saturday: Closed

Sunday: 08.00AM - 07.00PM



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